

What Type of Coffee Are You?

Instants

Instant coffee has to be ready when? NOW! Instant tend to be introverts who work very fast. They are goal-oriented, productive, and great at meeting deadlines. Under pressure they can become blunt, demanding, impatient, and dictatorial.

Instant tend to prefer factual conversations, and bulleted emails. A great line to use with an instant is, "I need 5 minutes of your time to discuss 2 items."

Cappuccinos

Cappuccino coffees tend to be sweet drinks consumed during social occasions. Cappuccinos tend to be extroverts who work slowly and methodically. They are relationship-oriented, helpful and observant. Under pressure they can become overly emotional, passive, and indecisive.

Cappuccinos tend to prefer conversations centering on people and aren't always fans of quick, to-the-point emails. A great line to use with a cappuccino is "Could we chat for a minute about your thoughts on...."

Espressos

Espresso coffees give us energy and get us moving! Espresso tend to be extroverts who work very fast. They are creative, fun, and love to work in groups and brainstorm. Under pressure they can lose focus, become unrealistic, and have difficulty finishing a task.

Espresso tend to prefer conversations that are engaging and inspiring and usually prefer face-to-face encounters rather than email. A great line to use is "I'd love to brainstorm with you about...."

Decafs

Without caffeine, Decaf coffees are mellow drinks without the "kick." Decaf tend to be introverts who work slowly and methodically. They are detail-oriented, organized, methodical rule-followers. Under pressure they can withdraw, become overly critical, and have difficulty completing a project as they obsess over the details.

Decaf tend to prefer organized, detailed conversations and bulleted emails. A great line to use with a decaf is, "What information do you need from me before we meet?"

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